



MONTGOMERY-BUCKS DENTAL SOCIETY

2ND DISTRICT - Pennsylvania Dental Association

Bulletin

Volume 67

Number 1

September 2019

Distinguished Speaker Series

Monday, Sept. 23, 2019

Normandy Farms, Blue Bell, PA



**Eva Anadioti,
DDS, MS, FACP**
Presents

Truth, Lies & Prosthodontics

The recent unprecedented technological advancements in digital and implant dentistry have affected previously established treatment philosophies and modalities. Current in vitro and clinical studies provide pertinent evidence for the use of contemporary materials and techniques for the restoration of dentate and edentulous patient.

This presentation illustrates the importance of critical evaluation of available literature through specific research projects on the most rapidly changing topics in modern prosthodontics; digital technology and implant therapy. The first research focuses on the fit of all ceramic crowns fabricated with CAD/CAM systems as compared to the ones fabricated with conventional techniques. The second project describes the use of unsplinted implant supported maxillary overdentures as viable treatment option after assessment of patients' quality of life and associated complications.

Continued on Page 15



President's Message

such strong leadership that goes all the way up to the ADA!! That means ideas/topics that we discuss at our local meetings can have some impact at a national level. *Quite remarkable!*

As I work along great leaders of MBDS, I am reminded of our main goal—to serve as advocates for Montgomery/Bucks dentists and our patients. I am truly honored to have been selected as President for Montgomery/Bucks Dental Society; however, it doesn't mean much unless I hear from you, the members. Are you interested in getting involved?? Do you want to have your voice heard? Our board is always looking for individuals that want to be future leaders in our society.

So come out to a Monday Night Dinner meeting (*by the way, every MBDS member receives one complimentary dinner annually*). Join us for some family fun at the **Elmwood Zoo on September 14th**. If feeding the giraffes is not your thing, let's hang out at the **MBDS Oktoberfest event on October 11th**. We can enjoy some great German food, craft beers, and a live brass band. Whether you are a dentist just out of school or on your way to retirement, we would love for you to be active in MBDS.

"Alone we can do so little; together we can do so much." – Helen Keller

Yours in Service,

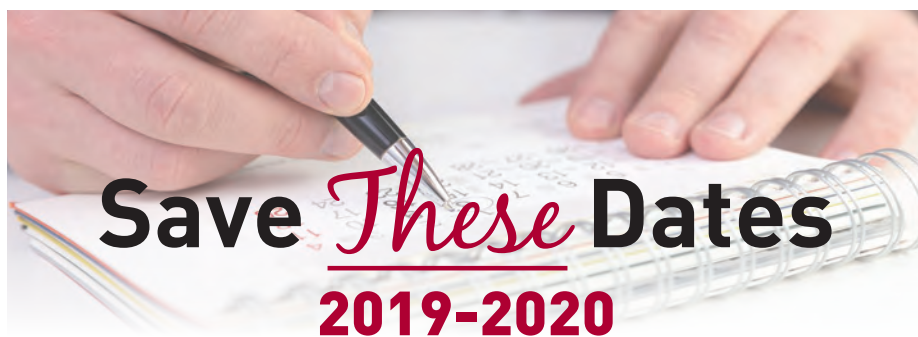
Hadi Ghazzouli, DDS

As the summer of 2019 comes to an end (*what a bummer by the way*), it's time for me to write my first President's Message. As I stared at my blank piece of paper, I started to think- "*Why am I still involved?*" I mean, I barely have time as it is. Just like many of you, my dental practice consumes most of my life. And when I'm not plugging away at work, I want to be home spending time with my wife and kiddos...very energetic kiddos I might add. Do I really want to add more to this already piled plate? As I think back over the last 5-6 years, the answer easily comes to my mind:

First, it is the **Camaraderie**. We are a dental family. Dentistry can be very isolating-making it a challenge to branch out. Personally, MBDS has given me the opportunity to chat with other dentists about my experiences, struggles, accomplishments, etc. What I found was that all our stories were pretty similar. These connections not only created friendly relationships, but helped me quickly realize, "Hey, I'm not alone here." We are all in this together.

Second, **You have a voice**. You are not alone. If there is a concern regarding an issue about our profession, you have a platform to speak your mind. For those not closely involved, our society is very fortunate to have

**Cocktails - 6 PM Dinner - 7 PM
Meeting - 8 PM
See page 15 for Registration form.**



Executive Council Meetings:

(held at Blue Bell Country Club Clubhouse – Wednesdays)

September 18, 2019

January 8, 2020

November 6, 2019

March 25, 2020

Dinner Meetings: Cocktail hour beginning at 6:00 & dinner at 7:00

All dinner meetings are held at Normandy Farms in Blue Bell

Monday, September 23 – Dr. Eva Anadioti

Truth, Lies & Prosthodontics

Monday, October 28 – Dr. Bruce Terry

"Am I There Yet?" The Summiting of Mount Everest

Note: This dinner to be held at Blue Bell Country Club

Monday, February 24 – Dr. Mark Wolff, Dean of PA Dental School of Medicine

Cariology Update, Silver Diamide, What is New?

Monday, March 30 – Yukio Otsubo, CDT, RDT, of Kuwato Pan Dental Lab

Fixed & Removable Options for Full Arch Implant Restorations

Friday Full Day CE. Meetings: Friday courses run 9:00 to 3:30

All CE Events are held at Blue Bell Country Club

September 27, 2019 – Dr. Roy Shelburne

Clinical Records Prevent Criminal Records - "Do Dentistry, Not Time"

November 15, 2019 – Karen Davis, RDH

AM: *Executing the Ultimate Doctor-Patient Hygiene Exam*

PM: *Conquering Disease with Antioxidant Arsenal, Anti-Inflammatory Diets*

& Adequate Sleep

January 17, 2020 – Dr. Peter Auster

Try THIS, Instead of THAT, 2020 - An Interactive Guide to Exquisite Dentistry

April 3, 2020 – Christina M. Lajoie

Current Concepts in Sleep Disordered Breathing

Important Contact Information:

Second District Executive Secretary

Ms. Betty J. Dencler

800-860-3551

Pennsylvania Dental Association

717-234-5941

American Dental Association

312-440-2500

Philadelphia County Dental Society

215-925-6050

Pennsylvania State Board

717-783-7162

Deadline for October 2019 Issue: September 1, 2019

The Bulletin (ISSN 0027-0156) will be published six times for the 2019-2020 Year in September, October, November, January, February, and April. The Montgomery-Bucks Dental Society and the editorial staff assume no responsibility for articles or opinions expressed in this publication by its contributors, or for omissions from such articles. All articles must reach the editor by the first of the month previous to next issue's publication.

Advertising rates are available from the Business Manager, Dr. Thomas A. Howley, P.O. Box 633, Green Lane, PA 18054, 215-234-4203, mbdsdr@comcast.net



Member of American Association of Dental Editors

MONTGOMERY-BUCKS DENTAL SOCIETY

P.O. Box 633
Green Lane, PA 18054
Phone: 215-234-4203
Fax: 215-234-9936
www.mbds.org

2019-2020 Officers

EDITOR

DR. RACHEL LEWIN

PRESIDENT

DR. HADI GHAZZOULI

EXECUTIVE DIRECTOR

DR. TOM HOWLEY, JR.

P.O. Box 633, Green Lane, PA 18054-0633

Phone: 215-234-4203 • Fax: 215-234-9936

E-mail: mbdsdr@comcast.net

OFFICERS

DR. HADI GHAZZOULI

President

DR. PARAMPREET CHHINA "PAPPY"

President-Elect

DR. JESSIE SCORDAMAGLIA

Recording Secretary

DR. DANIELLE TEITELMAN

Corresponding Secretary

DR. MATTHEW GARBIN

Treasurer

DR. DAVID M. KAFFEY

Immediate Past President

DIRECTORS TO SECOND DISTRICT

Dr. Hadi Ghazzouli (2019)

Dr. Nuri Eraydin (2019)

Dr. David M. Kaffey (2018)

Dr. Angel Stout (2019)

Dr. Parampreet Chhina "Pappy" (2018)

COMMITTEE CHAIRPERSONS

Audit Dr. Anne O'Day

Budget & Finance Dr. Nancy Rosenthal

Community &

Dental Awareness..... Dr. Jonathan C. Limberakis

Constitution & Bylaws..... Dr. Angela Stout

Continuing Education Dr. Nuri Eraydin

Ethics & Law Enforcement..... Dr. Craig Soffin

Executive Director..... Dr. Angela Stout

Fellowship & Advisory..... Dr. Angela Stout

Government Relations..... Dr. Bernard Dishler

Insurance Review Dr. Nancy Rosenthal

Interprofessional Relations... Dr. Jonathan C. Limberakis

Member Programs Dr. Lisbeth Pulaski

Membership..... D. I. Jay Freedman

New Dentist Dr. Amy Farrell

Nominating..... Dr. Anne O'Day

Patient Relations..... Dr. Bruce Terry

Publications & Media Dr. Rachel Lewin

Business Manager..... Dr. Mark Kienle

Informatics..... Dr. Danielle Teitelmn

Social Functions Dr. Anne O'Day

Sponsorship..... Dr. Andrew Steinkeler

Parliamentarian..... Dr. Thomas A. Howley, Jr.

BUSINESS SUCCESS SYMPOSIUM

Take Control of Your Financial Future

MBDS's inaugural **Business Success Symposium** concluded in May after over 18 hours of continuum spread out across six sessions which began in February. This pilot program was designed with both recent graduates and experienced clinicians in mind to allow MBDS members to take advantage of the business pearls of leaders in the fields of finance, accounting, practice management, HR, business planning, investing, and law. This unprecedented opportunity to network with experts throughout the business community as well as with fellow society members was a wonderful success, and other dental societies are now looking to recreate similar programs for their membership in the future.



Dr. David Kaffey, Immediate Past President of MBDS



William Gowie, Jr., CPA MT speaking on Tax Preparation & Business Planning on 2/28/19.



John Basial, Esq. (presenting on behalf of Camille Kostelac-Cherry, Esq.) on the Fundamentals of Hiring and Firing on 3/21/19.



Robert Esposito, Esq. speaking on Legal Representation on 4/4/19.





Financial Planning Information

What Investment Risks Should I Know About?

Taken by itself, the word “risk” sounds negative. But broken down into what it really stands for in terms of investing, it begins to be a little more manageable. By understanding the different types of risk and keeping an eye on your investments, you may be able to manage your money more effectively. Remember, strategic investing doesn’t mean “taking chances” so much as “making decisions.” Long-term investing and diversification may be some of the most effective strategies you can use to help manage investment risk; however, neither guarantees against investment loss.

INFLATION RISK

The main risk from inflation is the danger that it will reduce your purchasing power and the returns from your investments. If your savings and investments are failing to outpace inflation, you might consider investing in growth-oriented alternatives such as stocks, stock mutual funds, variable annuities, or other vehicles.

INTEREST RATE RISK

Bonds and other fixed-income investments tend to be sensitive to changes in interest rates. When interest rates rise, the value of these investments falls. After all, why would someone pay full price for your bond at 2% when new bonds are being issued at 4%? Of course, the opposite is also true. When interest rates fall, existing bonds increase in value.

ECONOMIC RISK

When the economy experiences a downturn, the earnings capabilities of most firms are threatened. While some industries and companies adjust to downturns in the economy very well, others — particularly large industrial firms — take longer to react.

MARKET RISK

When a market experiences a downturn, it tends to pull down most of its securities with it. Afterward, the affected securities will recover at rates more closely related to their fundamental strength. Market

risk affects almost all types of investments, including stocks, bonds, real estate, and others. Historically, long-term investing has been a way to minimize the effects of market risk.

SPECIFIC RISK

Events may occur that only affect a specific company or industry. For example, the death of a young company’s president may cause the value of the company’s stock to drop. It’s almost impossible to pinpoint all these influences, but diversifying your investments could help manage the effects of specific risks.

The information in this article is not intended as tax or legal advice, and it may not be relied on for the purpose of avoiding any federal tax penalties. You are encouraged to seek tax or legal advice from an independent professional advisor. The content is derived from sources believed to be accurate. Neither the information presented nor any opinion expressed constitutes a solicitation for the purchase or sale of any security. This material was written and prepared by Emerald. Copyright 2016 Emerald Connect, LLC.

Securities offered through Cadaret, Grant & Co., Inc. Member FINRA/SIPC. Capital Insurance & Investment Planning, LLC and Cadaret, Grant & Co., Inc., are separate entities.

For more information:
John E. Stanojev, RFC
Capital Insurance & Investment Planning, LLC
350 E. Butler Ave., Suite 102
New Britain, PA 18901
Office: 215-345-6961
Cell: 215-416-6716
Jstanojev@capitalinsureinvest.com



Greater Philadelphia Valley Forge Dental Conference®

BEAMING INTO THE FUTURE

March 4-5-6, 2020
Valley Forge Casino Resort & Convention Center

REGISTRATION OPEN OCTOBER 1, 2019 - WWW.GPVFDC.ORG - 216-342-1776

WEDNESDAY, MARCH 4, 2020

REBECCA ALVAREZ, MED
Intro to Sexual Orientation & Gender Identity

DR. LEE ANN BRADY
Anterior Esthetic Techniques & Materials
Lecture & Hands-on

DR. HAROLD CROSSLEY
Pharmacology Management including
Two-hour training on Opioid Use

MR. TOM LIMOLI
Dental Insurance Reimbursement
& New Dental Codes

THURSDAY, MARCH 5, 2020

DR. LEE ANN BRADY
Layering Anterior Composites
Lecture & Hands-on

DR. PAUL GOODMAN
Associateships & Buying Your First Practice
(Evening Course for New Dentists)

DR. JIM GRIDALE
Dental Implant Treatment

DR. MARK LINGEN
Oral Pathology

KELLI SWANSON, RDH
Women's Health... Martinis & Menopause

DR. LEN TAU
Social Media - Practice Growth

FRIDAY, MARCH 6, 2020

DR. HAROLD CROSSLEY
Top 25 Drugs & Marijuana

DR. LEN TAU
Social Media - Attracting New Patients

DR. UCHE ODIATU
Human Microbiome: What Every Dental
Team Needs to Know

ESTHETIC SYMPOSIUM

Dr. Joseph Greenberg, Facilitator

DR. MARKUS BLATZ
Dental Ceramics

DR. JOHN BURGESS
Esthetic Materials

DR. FEREIDOM DAFTARY
Craniofacial Changes

DR. TIMOTHY GRECO
Pathology & the Aging Face

DR. ROBERT LEVINE
Esthetic Zone Implants

DR. OLIVIER TRIC
Alchemy of Dental Technology

FULL PROGRAM & REGISTRATION
AVAILABLE ONLINE IN OCTOBER

www.gpvfdc.org

REGISTRATION DEALS

*FREEDOM PASS FOR ADA DENTISTS (OUTSIDE OF SECOND DISTRICT) —
PURCHASE TWO FULL DAYS OF COURSES AND RECEIVE A FREE NIGHT AT THE VF CASINO RESORT
PLUS 2 LUNCHEON TICKETS — \$635/PERSON

*ALL SECOND DISTRICT MEMBERS RECEIVE GPVDFC LECTURES FREE OF CHARGE —
PRIOR TO FEBRUARY 10, 2020 EARLY REGISTRATION DEADLINE.

*SPONSORED BY THE SECOND DISTRICT DENTAL ASSOCIATION OF PA
Representing Bucks, Chester, Delaware, Lehigh, Montgomery & Northampton Counties.



Dr. Bruce Terry Scales Mt. Everest

Philadelphia-area's Bruce Terry is believed to be the first U.S. Dentist to Climb the Highest Mountain on each of the 7 Continents of the World and one of roughly 450 people to ever do so.

Dr. Bruce Terry, 58, of Wayne, Pennsylvania, successfully scaled Mt. Everest on the morning of May 23rd, 2019 at 5:30 a.m. (Nepali time), becoming what is believed to be the first United States dentist to scale each of the "Seven Summits" – the highest peak on all seven continents on Earth. The 2019 climbing season on Everest proved to be one of the deadliest in recent years with 11 deaths.

The Philadelphia-area Endodontist began his quest in 2007 when he climbed Mt. Kilimanjaro in Africa. He then in order successfully summited: Mt. Elbrus (Europe, 2010), Aconcagua (South America, 2012), Denali, a.k.a. Mt. McKinley (North America, 2014), Carstensz Pyramid (Australasia, 2015) and Mt. Vinson (Antarctica, 2016) before ascending Mt. Everest on May 23rd.

He has also previously climbed Mt. Rainer in Washington (2004), Mount Blanc in France, (2011), Cotopaxi and Cayambe in Ecuador, (2013), and both Cho Oyo, the world's 6th highest peak at 26,900ft (2018) and Lobuche in the Himalayas. The Lobuche Summit, at 20,075 ft also occurred on this current Mt. Everest expedition as an acclimation climb. He spent two months acclimatizing with the expedition

company International Mountain Guides and his Sherpa, Pega, as he ascended and descended through the famous areas of Everest, including the Khumbu

Ice Fall, Lhotse Face (pictured above)—and then eventually on up to the treacherous South East Ridge to the Hillary Step and the summit at 29,029 feet above sea level.

After returning to Camp 4, Terry posted on Facebook: "Well this old guy summited Everest around 5:30 a.m. this morning after 10 hours of climbing from camp 4. So much to tell all of you when I see you. No frostbite!"

Dr. Terry, who maintains an Endodontics-only practice in Phoenixville and Wayne, Pa., also serves as a Clinical Associate

Professor for the University of Temple's Kornberg School of Dentistry. In 2015, Terry received the Kornberg School of Dentistry Alumni Association Humanitarian Award. He is active in organized dentistry and has been a past editor of the Montgomery-Bucks Dental Society Bulletin, past editor for the Valley Forge District Dental Journal, past editor of the Pennsylvania Dental Journal, and is past President of the Pennsylvania Dental Association. In addition to being a faculty member, Dr. Terry also serves as the President of the Temple



University Endodontic Alumni Association. He lives in Wayne, Pa., with his wife, Susan, and son, Henry. Their daughter, Caroline, is a 4th year dental student at Kornberg School of Dentistry. Both Dr. Terry and son Henry are Eagle Scouts. Dr. Terry is also the Scoutmaster for Boy Scout Troop 181, Gladwyne, PA.

Terry, who trains for his climbs by hiking in all weather conditions through Pennsylvania's Valley Forge National Park, is also known for helping to organize free dental clinics, MOM in PA (Mission of Mercy in PA) for anyone needing assistance in Pennsylvania. The most recent event in Wilkes-Barre June 6-8, 2019 provided free dental treatment to over sixteen-hundred underserved Pennsylvanian over two days.

The Seven Summits, a well-known mountaineering objective, are the highest peaks on each of the seven continents. The Seven Summits, from highest to lowest, are:

1. Asia: Mount Everest 29,035 feet (8850 meters)
2. South America: Aconcagua 22,829 feet (6962 meters)
3. North America: Denali a.k.a. Mount McKinley 20,320 feet (6194 meters)
4. Africa: Kilimanjaro 19,340 feet (5895 meters)
5. Europe: Mount Elbrus 18,510 feet (5642 meters)
6. Antarctica: Mount Vinson 16,067 feet (4897 meters)
7. Australasia/Oceania: Carstensz Pyramid 16,023 feet (4884 meters)



Continuing Education 2019-2020 - See Page 14 for registration.

Seminar #1, Friday, September 27, 2019

Level: For Entire Team/New Dentists

Roy Shelburne, DDS – *Clinical Records Prevent Criminal Records "Do Dentistry, Not Time"*



ABOUT THIS COURSE:

Dr. Shelburne went to prison on August 20, 2008 and was released on May 14, 2010 and learned a series of lessons the hard way. There are ways to protect and defend a dental practice and to prevent what happened to him from happening to you. To be prepared for any challenge the whole dental team must be careful, concise, complete, and diligent, not just the doctor because, the whole team is potentially at risk. Know that if it's not in your clinical record, you didn't see it, you didn't say it, you didn't do it, it didn't need to be done, and it doesn't exist. . . from the legal perspective. To be prepared for any challenge the whole dental team must be careful, concise, complete, and diligent, not just the doctor, because the whole team is potentially at risk. Learning and implementing this is no non-sense team approach to record keeping could mean the difference between success and failure in the event of an action or challenge to your practice and will result in maximum legitimate reimbursement.

COURSE OBJECTIVES:

- To have fun while learning
- To understand that what you don't know can hurt you and that ignorance is no excuse
- To learn to assimilate and maintain records that can both protect and defend
- Understand the necessity of due diligence and how to conduct records review and internal audits to insure accuracy and excellence

ROY SHELburne After being found guilty of healthcare fraud, racketeering, and money laundering....learning the hard way that ignorance is no excuse, Dr. Shelburne has become a nationally known speaker/writer/consultant and an American Dental Association Subject Matter Expert. His focus is on proper documentation, maximizing legitimate reimbursement, reducing risk, lowering stress for dental practices and most importantly....keeping other healthcare professionals out of jail.

Seminar #2, Friday, November 15, 2019

Level: For Dentists & Hygiene Staff

Karen Davis, RDH – *AM: Executing the Ultimate Doctor-Patient Hygiene Exam*

PM: Conquering Disease with Antioxidant Arsenal, Anti-Inflammatory Diets & Adequate Sleep



ABOUT THIS AM COURSE:

EXECUTING THE ULTIMATE DOCTOR-PATIENT HYGIENE EXAM

Learn how to prevent the "I'll give you a call..." response from patients following treatment recommendations in the dental hygiene appointment. Capitalize on that magical 5 to 7 minute exam, using continuity between the dental hygienist and dentist, without running everyone's schedules behind. Strategic screenings provide the pathway for comprehensive diagnosis and treatment enrollment. Learn the art of prioritization, and the value of a "triangle of communication" between the dentist, dental hygienist and the patient.

COURSE OBJECTIVES:

- Distinguish screenings that save lives and save smiles
- Recognize strategies to overcome common objections to treatment recommendations
- Appraise technologies to work smarter, not harder

ABOUT THIS PM COURSE:

CONQUERING DISEASE WITH ANTIOXIDANT ARSENALS, ANTI-INFLAMMATORY DIETS & ADEQUATE SLEEP

Pro-inflammatory diets, over-stressed lives, chronic inflammation, and lack of adequate sleep have strong correlations to adverse health outcomes. Explore strategies to prevent disease and reduce inflammation-using food as medicine. Explore how sleep disordered breathing compounds disease development. Appreciate the role of antioxidants in lowering inflammation. Today's dental professional can help fill a growing gap between disease diagnosis and various treatments by proactively guiding patients toward preventive strategies for health & wellness..

COURSE OBJECTIVES:

- Determine which foods promote and prevent diseases
- Appraise the role of antioxidants & adequate sleep in sustaining health
- Identify products and technologies that help reduce inflammation

KAREN DAVIS is founder of her own continuing education company, Cutting Edge Concepts, and currently practices dental hygiene in Dallas, Texas. Her background as a clinician, consultant, and speaker enable her to identify with challenges facing dentistry and offer innovative solutions vital to success in today's marketplace. *Dentistry Today* has recognized Karen as a "Leader in Continuing Education" since 2006.

Quick and Easy Registration online at www.mbds.org

Seminar #3, Friday, January 17, 2020

Level: For Dentists & Hygiene Staff

Peter Auster, DMD – *Try THIS, instead of THAT, 2020**An Interactive Guide to Exquisite Dentistry***ABOUT THIS COURSE:**

Dentistry is changing...really fast. This rapid moving, info-driven presentation will send attendees home with LOTS of pearls to move your practice into the 2020s. Better, less expensive products; brand new techniques; digital alternatives; large equipment to buy and NOT TO BUY- all come together in a fun, interactive day. Learn how to cut through the marketing and find the BEST products. Experience Groundbreaking new composites, bulk fills, post cores, perfect contact matrixes and the BEST practice management tips to bring patients in and keep them

COURSE OBJECTIVES:

- How to pick the RIGHT digital scanner for your practice or none at all
- Learn why I sold a brand-new diode laser on eBay and bought a better one
- Discover better/less expensive loupes
- Bioactive, biomimicry basics- starting now
- Why are zirconia crowns falling off? Discover the right cements and cement protocol for every material, 2020 (NEW UPDATE!)
- Learn about an AMAZING treatment for anterior decalcification
- Fight back at PPOs with in house plans; better coding; and fee negotiators

PETER AUSTER strives for his seminars to be “uplifting, inspiring, and educational”. Dr. Peter Auster continues thirty years of experience in cosmetic and reconstructive dentistry in his private practice in Pomona, N.Y. He is a graduate of the University of Pennsylvania School of Dental Medicine. He frequently participates in national podcasts, and webinars. His most recent article, “Evolution, Revolution: Groundbreaking Composite Dentistry” is the February, 2019 cover story of *Dentistry Today Magazine*. He is a new Fellow of the American College of Dentists. Dr. Auster recently completed two terms on the board of directors of the American Academy of Cosmetic Dentistry and chair of their leadership committee. Dr Auster is founder and past-president of the New York Affiliate of the AACD, the Greater New York Academy of Cosmetic Dentistry. He is very proud of his selection as an AACD Humanitarian of the Year and Certificate of International Voluntary Service from the ADA. Dr. Auster’s volunteer work includes 11 years of volunteer dentistry in Jamaica; Give Back a Smile; ADA Donated Dental Services, and Smiles for Life in which his office has contributed over \$55,000 to children’s charities.

Seminar #4, Friday, April 3, 2020

Level: For Entire Team

Christina M. LaJoie – *Current Concepts of Sleep Disordered Breathing***ABOUT THIS COURSE:**

Sleep disordered breathing is one of the hottest topics in dentistry today, and oral appliances used to treat sleep disordered breathing have evolved significantly over the past 25 years. From early boil and bites, to single position, to titratable appliances; including the Telescopic Sleep Herbst® and the Klearway™, to the D-SAD™ and Medley appliances. The evolution towards adjustability has allowed doctors to start therapy with their patients in a more comfortable position and gradually move to an optimal therapeutic position. Patient comfort is a vital element of appliance therapy as comfort leads to improved patient compliance.

However, achieving proper bite registration is critical to successful sleep appliance therapy. A hands-on bite registration demonstration using the George Gauge™ will be conducted and information on how to select the right appliance to address your patient’s unique dental conditions will be presented. The introduction of new technology for home monitoring, such as the Nonin WristOx2® Pulse Oximeter and the Medibyte® Lite, has allowed doctors to evaluate appliance effectiveness quantitatively and share data more effectively with physicians co-managing the case. A discussion of home monitors and their application will conclude the course.

COURSE OBJECTIVES:

- Understand the evolution of oral appliances for sleep disordered breathing
- Learn hands-on techniques for bite registration using the George Gauge™
- Learn how to select the right appliance to address your patient’s dental conditions
- Understand how to use home monitoring for effective therapy and co-management of patients

CHRISTINA LAJOIE is the Airway Project Manager for Great Lakes Dental Technologies. With over 25 years of experience, Ms. LaJoie has lectured at hundreds of events including co-lecturing with Dr. Alan Lowe, Dr. John Remmers, and Dr. Wolfgang Schmidt Nowara. She has served as an advisor to the UCSF/Stanford School of Sleep Medicine Mini-Residency Program; demonstrated techniques at workshops with Steve Carstensen and Jonathan Parker at the ADA; and served as an industry liaison for the American Academy of Dental Sleep Medicine, and the American Thoracic Society. Ms. LaJoie is a member of the visiting faculty at Spear Education and The Pankey Institute. She provides hands-on instruction at Spear workshops with Dr. Jeff Rouse. Ms. LaJoie currently is a member of the editorial advisory board for *Dental Sleep Practice* magazine.



Lunch at the ZOO

The **Montgomery Bucks Dental Society** is proud to invite you and your family to our third annual lunch at the Zoo even.

When: Saturday September 14th from 10:30 am to 12:30 PM

Where: Elmwood Park Zoo • 1661 Harding Blvd. • Norristown, PA 19401

General Admission Ticket: \$5.00 (includes lunch) Payable at Zoo entrance.

Children under 5 years old are free!

This event is specially created for dentists and their children

RSVP: mbdsevents@gmail.com by September 1st

Trust The Science

Innovative Solutions For Improved Outcomes

Puros® Allografts have defined the standard for successful tissue regeneration. Our teams of scientists, engineers, and clinicians are known for providing proven regenerative solutions. Using the science of Tutoplast® technology, Puros Allografts offer unprecedented levels of safety, quality, and performance.* Designed to provide a scaffold to support revascularization and re-population by the recipient's tissue. Backed by more clinical studies than any other allograft, it's easy to see why clinicians all over the world trust Puros Allografts to be the science behind their success.*

Trust us with the future of your patient care. Call 1-800-342-5454

zimmerbiometdental.com



* Data on file at RTI Surgical, Inc.

Unless otherwise indicated, as referenced herein, all trademarks are the property of Zimmer Biomet and its subsidiaries. Puros products are manufactured by one or more of the dental subsidiaries of Zimmer Biomet Holdings, Inc., and distributed and marketed by Zimmer Biomet Dental (and, in the case of distribution and marketing, its authorized marketing partners). Puros products are manufactured by RTI Surgical, Inc. dba RTI Biologics and Tutogen Medical GmbH. Tutoplast is a trademark of Tutogen Medical GmbH. For additional product information, please refer to the individual product labeling or instructions for use. Product clearance and availability may be limited to certain countries/regions. This material is intended for clinicians only and does not comprise medical advice or recommendations. This material may not be copied or reprinted without the express written consent of Zimmer Biomet Dental. ZB0447 REVA 03/18 ©2018 Zimmer Biomet. All rights reserved.

Join us for MBDS Oktoberfest

Featuring Traditional German Food & a German Brass Band

Date: Friday, October 11, 2019

Time: 6-8 PM

Where: Otto's Brauhaus, 2300 Easton Road, Horsham, PA

Tickets: \$30 per person

Price includes:

appetizers, full German

buffet & one beer

(Cash bar thereafter)

Space is limited!

Reserve early!

Please RSVP with check payable to MBDS by September 27th to
Dr. Anne O'Day, 3503 York Rd., Suite 5, Furlong, PA 18925

Name or Office: _____

Number Attending: _____ **Amount Enclosed:** _____



HEALTHLINK needs volunteers!

Are you willing to help?

HEALTHLINK is a free dental clinic serving uninsured, low-wage earning adults in Bucks & Montgomery Counties. The Clinic provide services to working individuals who make below minimum wage and veterans. Free on-site oral health services include: oral exams, x-rays, fillings, dental hygiene, extractions, root canals, crowns, and patient education.

If you are interested in helping, please contact the clinic director, Bela Amado at bamado@healthlinkdental.org

**Integrity.
Relationships.
Peace of Mind.**



That's the PARAGON way.

PARAGON has guided thousands of buyers and sellers with superior dental transition services and support. Our clients are confident their goals are being met with fairness and integrity.

Your local PARAGON dental transition consultant
Edward Landau, DMD, MBA

PARAGON
DENTAL PRACTICE TRANSITIONS

866.898.1867 • info@paragon.us.com • paragon.us.com

Systems Specialties, Inc.



**Independent Dealer for ...
Nitrous Oxide & Oxygen Analgesia Equipment**

Calibration • Testing • Repairs • Sales

Pennsylvania regulations require calibration

Please contact Ken Rishar

215-443-9293

FAX 215-443-9640

**Systems Specialties, Inc.
1800-T Mearns Road
Warminster, PA. 18974**

30 Years Experience

DENTAL PRACTICE SALES

Ask
About Our
FREE GUIDES
For Sellers
& Buyers!

Want to Know More? We Can Guide You.

American Practice Consultants, a full service Dental Practice Broker & Appraiser, was founded in 1985 by Philip A. Cooper, D.M.D., M.B.A. to provide a range of transition services to dentists who are selling or buying a practice.

Let Us Expertly Guide You Through:

- VALUATION
- MARKETING
- NEGOTIATION
- CONTRACT REVIEW
- FINANCING
- MINIMIZING TAXES
- TRANSITION PLANNING WITH PATIENTS & STAFF
- AND SO MUCH MORE!



**AMERICAN
PRACTICE
CONSULTANTS**

Philip A. Cooper, D.M.D., M.B.A.



www.ameriprac.com

704 East Main Street, Suite D • Moorestown, New Jersey 08057
856-234-3536 • 800-400-8550 • cooper@ameriprac.com

Sponsorship Opportunities

CE Full Day, Monday Evening Programs and custom packages:

Contact

Dr. Andrew Steinkeler **or** Dr Dilshan Gunawardena
Sponsorship Chairs

158 York Road • Warminster, PA 18974

Office: 215-672-6560 • Fax: 215-672-7343

sponsorshipmbds@gmail.com

For Bulletin and Web ads

Contact: Dr. Tom Howley
Business Manager
P. O. Box 633
Green Lane, PA 18054-0633
Office: 215-234-4203
Fax: 215-234-9936
Email: mbdsdr@comcast.net

Continuing Education Registration Form

All courses are held at **Blue Bell Country Club Clubhouse** in Blue Bell, PA. Includes all breaks, lunch and instructor handouts. Registration is 8:00 AM to 9:00 AM. Courses begin at 9:00 AM and conclude by 3:30 PM.

****Enter off Route 202 opposite the Montgomery Community College entrance. Tell them you are attending the dental meeting at the clubhouse. Clubhouse is straight back and on the left.**

Six hours of CE credit will be given for each course.

All courses are acceptable for AGD credit.

☐ **#1, Friday, September 27, 2019 -**

Clinical Records Prevent Criminal Records "Do Denistry, Not Time"

☐ **#2, Friday, November 15, 2019-**

AM: *Executing the Ultimate Doctor-Patient Hygiene Exam*

PM: *Conquering Disease With Antioxidant Arsenal, Diet & Sleep*

☐ **#3, Friday, January 17, 2020 -**

Try THIS, instead of THAT, 2020

☐ **#4, Friday, April 3, 2020**

Current Concepts of Sleep Disordered Breathing

Number of Attending Doctors	Number of Attending Team	Total Attending	Total Dollar Amount

Total Cost

FEES

ADA Members (*Register for 4 courses before September 10, 2019 for package discount)

Reservations for **4 course package** - \$695

Individual courses - \$195

MBDS Members:

Individual courses - \$195

Members' Staff - \$98

New Dentists (during first five years of leaving dental school or residency) - \$500 for all four courses

Non-ADA Members Dentists:

Individual courses - \$450

Non-Member Staff - \$195

Note:

No refunds will be made for any reason. Late fee of \$50 will be assessed for registration within 7 days of any course. Doctors are not permitted to transfer admission to the seminars to any other doctor or team.

Doctor's Name: _____

Team Names & Position: _____

Address: _____

Phone #: _____ E-mail : _____

Doctor's ADA # _____

Return this form with check to:
Montgomery-Bucks Dental Society

P.O. Box 633

Green Lane, PA 18054

215-234-4203

mbdsdr@comcast.net



Approved PACE Program Provider FAGD/MAGD Credit Approval
does not imply acceptance by a state or provincial board of
dentistry or AGD endorsement 11/1/2017 to 10/31/2020

Continued from Page 1

Learning Objectives:

- Understand the 3D and 2D fit of pressed and CAD/CAM lithium disilicate crowns made from digital and conventional
- Discuss the quality of life of patients treated with unsplinted implant supported maxillary overdentures
- Appreciate the significance of evidence based dentistry and understand the limitations

Biography:

Dr. Eva Anadioti is Assistant Professor of Clinical Restorative Dentistry at the Department of Preventive and Restorative Sciences at the University Of Pennsylvania School Of Dental Medicine and the Founding Director of the Advanced Education Program in Prosthodontics.

She received her D.D.S. from the University of Athens School of Dentistry in Greece and her Certificate in Prosthodontics and Master's degree from the University of Iowa College of Dentistry; she then completed a surgical implant fellowship at the University of North Carolina School of Dentistry. She worked as a Clinical Assistant Professor at Boston University School of Dental Medicine before she moved to Penn Dental Medicine where she joined as full-time faculty member.

Dr. Anadioti is a Diplomate of the American Board of Prosthodontics and has several publications and awards both locally and nationally.

Handouts & Wi-Fi for CE Courses

Any relevant handouts for the MBDS continuing education series lectures will be posted on the MBDS Continuing Education webpage shortly before each session.

If attending a course, please check the webpage:
<http://www.mbds.org/Education.html>
and print out the handout pages.

There is also Wi-Fi available on-site so you could also bring a device and view them during the presentation if you desire.

**Montgomery Bucks Dental Society
Meeting Minutes are posted and
available on our website:
www.mbds.org
from the home page
using the "For Dentists" tab
on the left and then
the "Meeting Minutes" tab
and clicking on the button there.**

Our mission is to encourage the improvement of the health of the public, foster excellence and ethics in dentistry, to provide a network of informed, proactive dentists, to enhance the image of the profession to the public, to provide education and services to the members, to support the growth and professional success of the members, and to represent the interest of the dental profession and the public which it serves.

Membership Benefits in the Montgomery-Bucks Dental Society include:

General Membership Meetings

- Meet with your colleagues at these monthly dinner meetings offering lectures by a variety of speakers.
- Members receive two complimentary dinners annually.

Continuing Education Programs

- Fulfill All CE Credit Requirements
- Grow professionally by attending our superb CE programs featuring nationally known speakers. New dentists receive substantial discounts for all courses; nonmembers are invited to attend one evening program or one all-day seminar free of charge.
- Accumulate the required CE credits in one year through various programs and meetings offered by MBDS while enjoying the camaraderie of your colleagues who represent a diversified membership.

Valley Forge Dental Conference

- Experience a top-rated dental meeting featuring a three-day scientific session as well as a full range of technical exhibits. Enjoy nationally known speakers, auxiliary programs and exciting social activities.



MONTGOMERY-BUCKS DENTAL SOCIETY

P.O. Box 633
Green Lane, PA 18054

PRSR STD
U.S. POSTAGE
PAID
UPPER DARBY, PA
PERMIT NO. 34

REGISTRATION FORM

Distinguished Speaker Series

Monday, September 23, 2019 Dr. Eva Anadioti

Truth, Lies & Prosthodontics

If you want to mail a check, please return this form with your check to:

MBDS PO Box 633 Green Lane, PA 18054-0633

Doctor Attending Menu Selection: ☐ Fish ☐ Chicken ☐ Vegetarian

Name: _____

Email: _____ Telephone: _____

Other Attendees: ☐ Fish ☐ Chicken ☐ Vegetarian

Name: _____

Name: _____

"Comp" meals may be used for this event but only for pre-registered meals.

Email: mbdsdr@comcast.net to verify that you are eligible.

\$49.00 per person Total Attending () x \$49.00 - \$ _____

\$70.00 if **received** after 9/16/2019 or on-site.